



# Seniors

## In

# Action



## League Stats

**Bowls: Thursdays**

**Time: 9:30 AM**

**Teams: 50+; mixed trios**

**Cost: \$12.00\***

**Starts: 9/5/24**

**Ends: May 2025**

**\*(Cost may change depending on any prize funds)**

Come meet new people and bowl amongst friends! The Seniors in Action is a 50+ league of bowling buddies ready to jumpstart your morning with a great atmosphere of fun, exercise and community. Be home by the afternoon hours. All skill levels are welcome, so sign up today to save your spot.

*Northgate Bowl 2380 Northgate Ave NE*

*503 581 - 1634*